



## **Consortium State Cancer Plan Lifestyle and Prevention Chapter 2017-2020 Review**

**Description/Definition:** (3-4 sentences)

### **Activities / Future Activities:**

1. Partner with Gilda's Club Nashville, Memphis and Knoxville on support classes/programs
  - a. Healthy eating
2. Partner with Heimerdinger Foundation to implement and support healthy eating cooking classes
3. Partner with UT County Extension Agents and West TN Delta Initiative to implement healthy eating programs – Dining with Diabetes, Living Well With Chronic Conditions program (Stanford)
4. Support NOU Online Magazine by sharing articles and potentially submitting articles
5. Add links to website on healthy eating
6. Add collection of recipes and healthy eating tips to website
7. Promote smoking cessation in pregnant women by supporting the S.M.A.R.T. Moms tobacco cessation program through MTSU
8. Promote radon awareness and education
9. Expand the “Ask Me” initiative to hair salons across the state (pending funding)

### **Partners & Perspective Partners:**

- Gilda's Clubs
- Heimerdinger Foundation
- NOU Magazine
- UT Extension
- West TN Delta Initiative
- MTSU Center for Health and Human Services (S.M.A.R.T. Moms and radon)
- Susan G. Komen

### **Funding Opportunities:**

We are seeking funds to carry out these activities.

### **Supporting Data/Statistics (national/state):**

- \*Please share any references or links here. Staff will add data tables and stats.
- \*Share pregnancy smoking data from tobacco section of plan
- \*Share radon data from lung cancer section of the plan

\*Share any data for breast, cervical, and colorectal that are in those sections of the plan (correlates with this lifestyle section)

